

Diet Guide vegan ☼
gluten-free ☺
keto ✦

charrovida™ *Plant +* *"Food Por Vida"*



add avo
anywhere!
fresh avocado or
guacamole +2.5

Refrescos new corazón cooler 6 | iced tea 3.50 | agave-mint green tea 4.5 | natural colas 3.5 | prickly pear lemonade 4 | *more over >*

shareables

*the more you share, the more you have!
want more? add a plus+ protein below!*

new farmed ceviche ☼☺

marinated mixed veggies, cilantro, citrus & avocado
with local corn & plantain chips 11
add plus+ of lime marinated shrimp +6

guaca~hummus ☼☺

serves 2-4 with local corn chips,
plantain crisps, radish & cucumber 11

hola hemp® mini chimis ☼

(4) queso vegan & chile verde filled mini chimis
made with hola hemp® tortillas and served
with guaca-hummus & pico salsa 9

vida brussels ☼☺

charred brussels tossed in nutritional yeast,
balsamic & liquid aminos with golden salsita 9

raise the bar snacks ☼☺

crispy cauliflower nuggets, spicy yucca tots, and
fried pickle spears with taco crema & diablo sauce 10

jackfruit taquitos ☼☺

(3) rolled corn tortilla taquitos, guaca-hummus, pink
onion, vegan taco crema & golden salsita 11

dos chips & salsas ☼☺

local corn chips & plantain crisps
with vida salsa verde & golden salsita 4

quesadilla ☼

with hola hemp® tortilla, queso vegan, pico salsa &
guaca-hummus 11 *optional: add a plus+ below*

nachos vida ☼☺

corn chips, queso vegan, peppers mixta, cilantro,
frijoles, pico, guaca-hummus & spiced pepitas 14
optional: add a plus+ below

soup & salads

option to add a plus+ protein below

new 3 sisters soup & salad ☼☺

our delicious "3 sister" soup of squash calabacitas,
roasted corn & campo beans in a smoky ancho broth
featuring our casa salad & warm corn tortillas 13

diablo charro chino ☼☺

napa cabbage, kale, peppers mixta, cilantro, tortilla strips,
diablo sauce, beets, ginger-citrus & amino vinaigrette with:
crispy taco tempeh or pollo asado 13
or choice of salmon or shrimp 16

taquería chopped ☼☺

mixed greens, avocado, black bean, queso vegan, pico
salsa, tajín tortilla strips, lime, spiced chickpea, roasted
corn, red radish, pickled onion & taco crema dressing 11

new casa salad ☼☺

baby arugula, agave pressed beets, vegan feta, balsamic &
citrus vinaigrette, tomato, toasted pepitas & pink onion
full casa 11 **half casa** 6

tamales ☺

choice of handmade tamales, served with vida grains
& choice of frijoles – ask us about seasonal recipes too!

hola hemp® original ☼ or chipotle ☼

vegan red chile jackfruit ☼
sunflower chicken (nut free)

uno 10 / dos 15 / tres 17

chef carlotta's packaged tamales also sold here

vida burrito

hola hemp® tortilla, vida grains, black beans, queso vegan,
taco crema, super fajitas, pico salsa & guacamole 11

option to add a plus+ protein below

add enchilada style

queso vegan, red & green sauce +4

vida bowls *with vida grains or salad greens*

1. Begin your Bowl . . .

*begin your bowl with vida grains or salad greens,
plus+ your recipe & finish with any 2 sides below*

2. Plus+ Your Recipe ☺ . . .

jackfruit carnitas* 15

natural pollo asado 14

beyond carne* 15

new plant + chorizo* 15

grass-fed steak* 16

mesquite salmon* 16

2 eggs* or vegan just egg* 14

new mesquite shrimp 16

3. Add 2 Sides ☼☺ . . .

street corn

roasted corn with
poblanos, smoked
paprika, lime
& queso vegan

frijoles

choice of black beans
or campo recipe with
olive oil, garlic, sea
salt & bay leaf

yucca fries

organic yucca fries
tossed in sea salt
nutritional yeast &
chopped cilantro

vida brussels

charred brussels
tossed in balsamic,
nutritional yeast &
liquid aminos

nopalitos

sonoran superfood
with house-made chile
sauce, hemp seed &
spiced pepitas

super fajitas

fajita style peppers,
papas dorados &
grilled mushrooms

new vida calabacitas

vegan recipe of our family calabacitas with
cooked squash, vegan crema, sea salt & roasted corn

guaca-hummus

vida house blend of
mashed avocado,
chickpea, sea salt,
& ground turmeric

cuco loco

marinated cucumber
& beets with pink
onion, hemp seed,
vida herbs & sea salt

cauli 'al pastor!

roasted cauliflower in
ancho & guajillo chiles
with grilled pineapple
& fresh cilantro

Extra Sides 4 each *Extra Protein* add a plus+

Make it a Burrito +2 *Tortillas* +2 (corn/flour)

new *Side of Charred Jalapeños* +2

más charro

enjoy with your choice of our plus+ recipes

keto chile relleno ☼☺+

roasted poblano & vegan just
egg relleno, avocado, tomatillo
sauce & queso vegan or your
choice of plus+ recipe below:

dos enchiladas ☼☺

queso vegan, corn tortillas, vegan
& nut-free sunflower mole with
vida grains, choice of frijoles &
choice of plus+ recipe below:

Plus+ Your Recipe ☺

queso vegan* 14

beyond carne* 15

jackfruit carnitas* 15

new plant + chorizo* 15

charro carne seca 17

grass-fed steak* 16

natural pollo asado 15

new mesquite shrimp 16

taco life ☺

3 quesabirria style jackfruit tacos* 15

Tucson street taco stars in a better for you plant-based recipe

3 street style on soft corn or lettuce:

order any three with vegan taco crema, slaw & golden salsita

beyond carne* 5

diablo cauliflower* 5

new crispy taco tempeh* 5

new plant + chorizo* 5

grass-fed steak* 5.5

natural pollo asado 5

salmon del rey* 5.5

new mesquite shrimp 5.5

casa combination ☺

build your own casa! pick any single taco & enchilada recipe &
choice of vida grains & frijoles or salad greens 18

burger-ish

la vida burger ☼

beyond carne burger, vegan sourdough bun, queso vegan,
lettuce, tomato, red onions, pickles, vegan secret sauce
with side of crispy non-gmo yucca fries 15

add avo +2 sub grass-fed beef +1

better b sandwich ☼

100% plant-based, crispy-spicy portobello, sourdough bun,
spicy vegan mayo, turmeric salsita, dill pickles, local tomato,
& pickled pink onions with a side of yucca fries 15

☺ sub gf bun - note our gluten free buns contain egg +1

Add a Plus+ ☺

grass-fed steak* 7

beyond carne* 6

mesquite shrimp* 6

jackfruit carnitas* 6

natural pollo asado 5

charro carne seca 8

mesquite salmon* 6

new plant + chorizo* ☼☺ 6

2 eggs* or vegan just egg* 5

← beverage
& brunch

*Our gluten & allergy friendly recipes are delicious, but we are not a kitchen without known allergens. Please advise us if you have any special dietary needs as we assume no liability for adverse reactions. *Note: consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of foodborne illness. We do not warrant the quality of food delivered when using a third-party delivery app. Pricing and content subject to change without notice. Parties of 8 or more are subject to a 20% mandatory gratuity. ©Flores Concepts 9.20.21*

Diet Guide plant-based 🌱
gluten-free ☺
keto ✦

charrovida™ *Plant + "Food Por Vida"*

Takeout & Dine-In
Mon - Thurs 11am - 8pm
Fri & Sat 10am - 9pm
Sun 10am - 8pm

refrescos 🌱☺ live your best vida with our refreshing refrescos! | "weekend up" with tequila or vodka!

| | | | | | | | | |
|---|--|--|---|---|---|---|---|---|
| turmeric temptation miracle of turmeric, agave & citrus 6 | new corazón cooler deep red berries, beets, citrus & agave 6 | agave - mint iced green tea shaken & chilled 4.5 | hola hemp® horchata cinnamon, agave, hemp, almond & rice milk 5 | refrescas naturally sweetened fruit water recipes 5 | hola hemp® horchata cold brew w/yellow brick coffee 6 | kombucha on tap locally brewed prickly pear kombucha recipe 6 | lima y limón agave, citrus & fresh mint 4.5 | the cbd paloma pink grapefruit or piña centr cbd soda (n/a) 6 |
|---|--|--|---|---|---|---|---|---|

love is a vida margarita 🌱☺

- charro house margarita** fresh lime, orange juice, silver tequila 8
- margarita zero™** zero sugar added, limón, orange zest, cazadores silver tequila & stevia syrup 11
- prickly pear margatini** cazadores silver tequila, prickly pear nectar, citrus, raw sugar & tajín 13
- dynamic cadillac** cazadores añejo, float of bio dynamic red, fresh lime, orange & agave nectar 14
- el maestro** muddled jalapeño & cucumber, citrus, agave, patrón citrónge liqueur, código silver 14
- red** berries & beets deep red margarita with agave nectar, cazadores silver tequila & tajín dust 13
- gold** fresh ginger & lime margarita with raw sugar rim, agave nectar, patrón citrónge & código reposado 14
- orange** orange and coconut whip with turmeric, fresh citrus zest, agave & cazadores silver tequila 12
- violet** butterfly pea flower, patrón citrónge, lavender, lime, agave nectar & cazadores silver tequila 13

sangria or cocktails 🌱☺

- sangria mora** muddled fruit, red wine, citrus, agave, brandy & peach liqueur 9
- sangria blanca** agave, orange & peach liqueur 9
- mojito mist** sparkling bubbles, silver rum, muddled mint & agave 9
- new! the del charro** local del bac whiskey, agave, prickly pear néctar & citrus 13

vino sustainable & vegan 🌱☺ (de la casa not vegan)

| | | |
|--|--|---|
| cambria chardonnay ca 12/42 | altocedro malbec argentina 11/38 | bellissima zero carb organic prosecco 45 |
| caramel road pinot noir ca 10/36 | mcmanis cabernet sauvignon ca 8/28 | brancott sauv blanc new zealand 9/32 |
| velvet devil merlot wa 9/32 | bonterra organic rosé ca 9/32 | de la casa cabernet or merlot ca 8/28 chardonnay or pinot ca 8/28 house bubbles ca 8/28 |



Brunch Baby Menu

Friday, Saturday & Sunday 10 to 3

new apple pan pancake 🌱☺

vegan & gluten free? your prayers have been answered! local mesquite flour blend baked with cinnamon & agave marinated apples 16
a'la mode with vanilla bean or dulce de leche vegan ice cream +5

new huevos rancharos 🌱☺

corn tostadas, choice of real* or vegan just egg*, queso, salsa rojo, frijoles campos, avocado, peppers mixta & tomatoes 14

tucson's toast™ 🌱

toasted barrio bread, smashed avocado, arugula, tomato, vegan feta, pink onion, olive oil, toasted pepitas & cilantro chimichurri 10

barrio charro french toast 🌱

delicious plant-based salted agave french toast with local barrio bread featuring warm mixed berries, maple-agave syrup & coconut whipped cream 11

the plate 🌱

choice of: two organic eggs prepared easy*, scrambled or vegan just egg* with barrio bread toast, nopalitos, house salsa & super fajita potatoes 11/13

chilaquiles 🌱☺

local corn chips tossed in red & green enchilada sauces with, cilantro, avocado, queso vegan & choice of real* or vegan just egg* 11/13
add a protein plus+ recipe below

brunch burrito

brunch burrito in hola hemp® tortilla, with choice of real* egg or vegan just egg*, super fajitas, vegan taco crema & queso vegan 11/13

add enchilada style

queso vegan, red & green sauce +4

Add a Plus+ 🌱☺ to your Brunch

2 eggs* or vegan just egg* 5

new plant + chorizo* 5

beyond carne* 6

new crispy taco tempah* 5

mesquite salmon* 6

all-natural pollo asado 5

el charro carne seca 8

grass-fed steak* 7

mimosas... ½ off fri, sat, & sun 10am-3pm

- vida classic** fresh orange & bubbles
- super fruit** high antioxidant berry mix
- prickly pear** natural cactus néctar recipe
- grapefruit** agave, grapefruit & bubbles

SINGLE GLASS 9
BOTTLE FLIGHT 39† pick 3 flavors 2-4 persons
VEGAN MIMOSA FLIGHT add +15

†half off the price shown. n/a half off for vegan bottle & n/a as single flute

Chef Carlotta's
tamale of the month 🌱☺
Here & Online!

Happier Hours Monday thru Friday 2 to 6pm
\$4 off appetizers, wine, margaritas, sangria & \$2 off drafts

520-779-1922 | www.charrovida.com | #sicharro
for online ordering & catering menus, please also visit: www.sicharro.com

Parties of 8 or more are subject to a 20% mandatory gratuity.