

Diet Guide
 vegan 🌱
 gluten-free ☺
 keto ✦

charrovida™ Plant+

 **add avo anywhere**
 fresh avocado \$2

Daily Soups ☺☺ cup 5 | *Refrescos* iced tea 3.50 | agave-mint green tea 4 | natural colas 3 | hola hemp® horchata 4 | *more over* >

shareables

the more you share, the more you have! want more? add a plus+ protein below!

guaca~hummus ☺☺

serves 2-4 with local corn chips, plantain crisps, radish & cucumber 11

hola hemp® mini chimis* ☺

(4) queso vegan & chile verde filled mini chimis made with hola hemp® tortillas and served with guacamole & pico salsa 9

vida brussels ☺☺

charred brussels tossed in nutritional yeast, balsamic & liquid aminos with golden salsita 9

jackfruit taquitos ☺☺

(3) rolled corn tortilla taquitos, guacamole, pickled onion, vegan taco crema & queso dip 11

dos chips & salsa ☺☺

local corn chips & plantain crisps with vida salsa verde & golden salsita 3

quesadilla* ☺

hola hemp™ tortilla, queso vegan, guac & pico 9
 optional: add a plus + below

nachos vida ☺☺

local corn chips, queso vegan, peppers mixta, cilantro, frijoles, pico, guac & spiced pepitas 13
 optional: add a plus + below

salads

choice of plant-based salad with option to add a plus+ protein below or try a vida bowl with greens!

charro chino ☺☺

napa cabbage & kale, quinoa, peppers mixta, chopped cilantro, crispy tajín tortilla strips with ginger-citrus & amino vinaigrette 11

taquería chopped ☺☺

mixed greens, avocado, black bean, queso vegan, pico salsa, crispy tajín tortilla strips, lime, spiced chickpea, roasted corn, red radish, pickled onion & taco crema dressing 11

barrio toasts

barrio charro toasts & plus+ proteins below!

tucson's toast™ ☺

barrio bread, smashed avocado, baby arugula & tomato, pickled pink onion, olive oil, toasted pepitas & cilantro chimichurri 9

barrio vida™ ☺

barrio bread, guaca-hummus, super fajitas, vegan taco crema, pico salsa & roasted corn 9

tamales

& chef carlotta's tamales on one menu &

chef carlotta's tamales ☺

vegan hola hemp® original *or* chipotle* sunflower chicken (nut free)

choice of handmade non-gmo tamale, served with vida grains & choice of frijoles. uno 10 / dos 15 / tres 17

Add a Plus+ ☺

jackfruit carnitas* 6	grass-fed steak* 7	mesquite salmon* 6
beyond carne* 6	natural pollo asado 5	egg* or vegan just egg* 5

vida bowls *with vida grains or greens*

1. Begin your Bowl . . .

begin your bowl with vida grains or greens, plus+ your recipe & finish with any 2 sides below

2. Plus+ Your Recipe . . .

jackfruit carnitas* 14	grass-fed steak* 15
natural pollo asado 13	mesquite salmon* 15
beyond carne* 14	egg* or vegan just egg* 13

3. Add 2 Sides ☺☺ . . .

street corn roasted corn with quinoa, poblanos, smoked paprika, citrus & queso vegan	vida brussels charred brussels tossed in balsamic, nutritional yeast & liquid aminos	cuco loco marinated cucumber & beet salad with pink onion, vida herbs, hemp seed & sea salt
yucca fries organic yucca fries tossed in sea salt nutritional yeast & chopped cilantro	super fajitas fajita style peppers, papas dorados, grilled mushrooms & poblanos	cauli 'al pastor! roasted cauliflower in ancho & guajillo chiles with grilled pineapple & fresh cilantro
vida grains & frijoles choice of whole campo or black beans made with sea salt & olive oil	nopalitos sonoran superfood with house-made red chile sauce, quinoa & spiced pepitas	vida hummus house blend of mashed chickpea, ground turmeric & smoked paprika

Extra Sides 4 each | *Extra Protein* ask us
Make it a Burrito +2 | *Tortillas* +2 (corn/flour)

más charro

enjoy with your choice of our plus+ recipes

keto relleno ☺☺+ green chile & vegan just egg* relleno with tomatillo sauce & queso vegan or your choice of plus+ recipe below:	dos enchiladas ☺☺ queso vegan, corn tortillas, vegan & nut-free sunflower mole with vida grains, choice of frijoles & choice of plus+ recipe below:
---	---

Add a Plus+ ☺

beyond carne* 15	charro carne seca 17
jackfruit carnitas* 14	grass-fed steak* 16
queso vegan* 13	natural pollo asado 14

casa combination ☺

build your casa! pick any taco & any enchilada recipe. served with nopalitos, taco slaw, vida grains & frijoles 18

la vida burger* ☺

beyond carne burger, vegan sourdough bun, queso vegan, lettuce, tomato, red onions, pickles, vegan secret sauce with side of crispy non-gmo yucca fries 15
 add avo +2 sub grass-fed beef +1

better b sandwich* ☺

crispy-spicy portobello, vegan sourdough bun, vegan spicy mayo, turmeric salsita, dill pickles, local tomato & pickled pink onions with a side of yucca fries 15
 sub gf bun - note our gluten free buns contain egg +1

taco life ☺

3 quesabirria style jackfruit tacos & dip* 14

OR

3 street style on soft corn or lettuce:
 order any three with vegan taco crema, slaw & golden salsita
 beyond carne* 5 | grass-fed steak* 5.5
 brussel fajita* 4.5 | natural pollo asado 4.5
 salmon del rey style* 5.5



the UNIVERSITY OF arizona
 COMMUNITY AND SCHOOL GARDEN PROGRAM

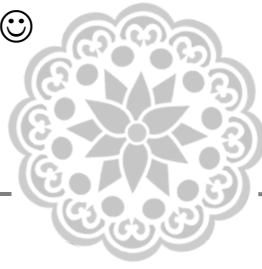
la vida local!

*We are partner with the UA & TUSD School Garden Program
 We cook smart with recipe & diet minded dedicated clean surfaces
 We source clean, non-gmo, and local ingredients whenever possible
 We use only use grass fed beef & 100% natural never-never chicken
 We are sustainable members of the Monterey Bay Seafood Watch*

**Our gluten & allergy friendly recipes are delicious, but we are not a kitchen without known allergens.
 Please advise us if you have any special dietary needs as we assume no liability for adverse reactions.
 *Note: consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of foodborne illness.
 We do not warrant the quality of food delivered when using a third-party delivery app.
 Pricing and content subject to change without notice. Parties of 8 or more are subjected to a 20% mandatory gratuity.*

brunch
 baby
 brunch >>

Diet Guide plant-based ☼
gluten-free ☺
keto ✦



charrovida™ Plant + refrescos☼☺

Curbside Takeout &
Social Distance Dining
Tuesday-Sunday 11am-8pm

live your best vida with our refreshing refrescos! | spike your tequila or vodka for \$5 more!

turmeric temptation
miracle of turmeric,
agave & citrus 6

centr cbd palomas
pink grapefruit or piña
centr cbd soda (n/a) 8

hola hemp® horchata
cinnamon, agave, hemp
& almond milk with 5

aguas frescas
ask us about our
seasonal recipes 5

**hola hemp®
horchata cold brew**
w/yellow brick coffee 6

kombucha on tap
locally brewed by f.t.c.
prickly pear recipe 6

lima y limón
agave. citrus
fresh mint 4

**agave - mint
iced green tea**
shaken & chilled 4

love is a vida margarita☼☺

agave & natural stuff only, we never use high fructose corn syrup

- charro house margarita** fresh lime. orange juice. silver tequila 8
- margarita zero™** zero sugar added, limón, orange zest, cazadores silver tequila, stevia syrup 11
- dynamic cadillac** cazadores añejo, float of bio dynamic red, fresh lime, orange & agave nectar 14
- el maestro** muddled jalapeño & cucumber, citrus & agave, patrón citrónge liqueur, código silver 14
- red** watermelon agua fresca margarita with agave, patrón citrónge, cazadores silver tequila & tajín dust 13
- gold** fresh ginger & lime margarita with raw sugar rim, agave, patrón citrónge & código reposado 14
- orange** orange and coconut whip with turmeric, fresh citrus zest, agave & cazadores silver tequila 12
- violet** butterfly pea flower, patrón citrónge, lavender, lime & agave nectar & cazadores silver tequila 12
- green** avocado nectar and agave margarita with fresh citrus, toasted coconut & cazadores silver tequila 12

... & sangria or cocktails☼☺

- sangria mora** muddled fruit, red wine, citrus, agave, brandy & peach liqueur 9
- sangria blanca** agave, orange & peach liqueur 9
- thyme on our side** thyme sprig, mahón spanish gin, fresh citrus, agave & lavender bitters 11

vino all are sustainable & vegan☼☺ (de la casa not vegan)

- | | | |
|---|---|---|
| de la casa
cabernet or merlot ca 7/24 | altocedro
malbec argentina 10/36 | de la casa
chardonnay or pinot grigio ca 7/24 |
| caramel road
pinot noir ca 9/32 | mcmans
cabernet sauvignon ca 8/28 | cono sur
organic sauv blanc chile 8/28 |
| velvet devil
merlot wa 8/28 | niner
red blend ca 10/36 | bonterra
organic rosé ca 9/32 |
| | | bellissima zero carb
organic prosecco 45 |

**HAPPIER HOURS ~ DAILY 2-5 PM
22% OFF ALL DRINKS
& SHAREABLES APPS!**

**tamale
of the
month** EST

half-off mimosa's
weekends 11am-3pm

Brunch Baby

weekends 'til 3pm

barrio charro french toast☼

delicious plant-based salted agave french toast recipe with local barrio's bread featuring maple-agave syrup & cinnamon coconut whipped cream 9 (gf option available☼)

am keto bowl☼

choice of real or vegan just egg☼ with nopalitos, brussels, pepitas, vida greens and choice of: beyond carne, chicken or grass fed steak 16

chilaquiles☼

local corn chips tossed in red & green enchilada sauces with, cilantro, avocado & queso vegan 11
choice of real or vegan just egg☼ add plus of:
beyond carne +6 or chicken +5

brunch burro

grilled burro, choice of egg or vegan just egg☼, super fajitas, vegan taco crema, queso vegan, and choice of: egg or just egg☼ 11 or beyond carne or steak 16

The Sweet Vida☼☺

churro dreams™

gluten free & plant-based recipe with local mesquite flour & vegan chocolate 7
takeout by the dozen \$15

vegan nutella tamal

hazelnut chocolate infused masa with spiced pepitas & vegan coconut crema 7
takeout by the 1/2 dozen \$25

Meal Kits & Catering

Our family wants to you enjoy more of your vida and leave the cooking to us!
Our takeout recipes are packed in eco-friendly boxes and we offer bulk pack for meal prepping or family fixes and we can cater at your home or work! Ask us for our catering menus or email: catering@sicharro.com

520-779-1922 | www.charrovida.com | #sicharro
for online ordering & more info on our Si 100! point safety plan,
please also visit www.sicharro.com

Parties of 8 or more are subject to a 20% mandatory gratuity.