

Diet Guide vegan ✪
gluten-free ☺
keto ✦

charrovida™ Plant+

 add avo anywhere
½ fresh avocado \$2

Daily Soups ✪☺ cup 5 *Refrescos* iced tea 3.50 | agave-mint green tea 4 | natural colas 3 | hola hemp® horchata 4 | *more over* >

shareables

the more you share, the more you have

avocado hummus ✪☺

serves 2-4 with local corn chips, plantain crisps, radish & cucumber 11

hola hemp® mini chimis ✪

(4) queso vegan & chile verde filled mini chimis made with hola hemp™ tortillas and served with guacamole & pico salsa 9

vida brussels

charred brussels tossed in nutritional yeast, balsamic & liquid aminos with turmeric salsita 9

jackfruit taquitos ✪☺

(3) rolled corn tortilla taquitos, guacamole, pickled onion, vegan taco crema & queso dip 11

dos chips & salsa ✪☺

local corn chips & plantain crisps with vida salsa verde & turmeric salsita 3

quesadilla ✪

hola hemp™ tortilla, queso vegan, guac & pico 8
optional: add a plus + below

nachos vida ✪☺

local corn chips, queso vegan, peppers mixta, cilantro, frijoles, pico, guac & spiced pepitas 11
optional: add a plus + below

Add a Plus+ ✪☺

beyond carne ✪ 6 | grass-fed steak* 7
natural pollo asado 5 | jackfruit carnitas ✪ 6

salads

your choice of plant-based salad and option to pick one of our plus+ proteins below

el corazon ✪☺

butter leaf & romaine, agave pressed beets, avocado, spiced pepitas, fresh orange, red radish, kiwi & pomegranate seeds tossed in our house-made apple cider vinaigrette 12

charro chino ✪☺

napa cabbage & kale, quinoa, peppers mixta, chopped cilantro, green onion, crispy tajín tortilla strips with ginger-citrus & amino vinaigrette 10

taquería chopped ✪☺

mixed greens, avocado, black bean, queso vegan, pico salsa, crispy tajín tortilla strips, lime, spiced chickpea, roasted corn, red radish, pickled onion & taco crema dressing 11

easy vida salad ✪☺

organic arugula & kale, watermelon, spiced pepitas, pickled pink onion & fresh cilantro with house-made agave & orange vinaigrette 9

Add a Plus+ ✪☺

beyond carne ✪ 6 | grass-fed steak* 7
natural pollo asado 5 | jackfruit carnitas ✪ 6
mesquite salmon* 7

sunday fun-day

Brunch Babes Menu

sunday's 11am 'til 2pm ↗

vida bowls *with grains or greens*

1. Begin your Bowl . . .

begin your bowl with vida grains or greens, plus+ your recipe & finish with any 2 sides below

2. Plus+ Your Recipe . . .

jackfruit carnitas ✪ 14 | grass-fed steak* 15
natural pollo asado 13 | mesquite salmon* 15
beyond carne ✪ 14 | vegan just egg ✪ 13

3. Add 2 Sides ✪☺ . . .

street corn roasted corn with quinoa, poblanos, smoked paprika, citrus & queso vegan	vida brussels charred brussels tossed in balsamic, nutritional yeast & liquid aminos	cuco loco bright antioxidant blend of pickled cucumber beets, onion, radish, vida herbs & sea salt
yucca fries organic yucca fries tossed in sea salt nutritional yeast & chopped cilantro	super fajitas fajita style peppers, papas dorados, grilled mushrooms & poblanos	cauli 'al pastor! roasted cauliflower in ancho & guajillo chiles with grilled pineapple & fresh cilantro
vida grains & frijoles choice of whole campo or black beans made with sea salt & olive oil	nopalitos sonoran superfood with house-made red chile sauce, quinoa & spiced pepitas	vida hummus house blend of mashed chickpea, ground turmeric & smoked paprika

Extra Sides 4 each | *Extra Protein* ask us
Make it a Burrito +2 | *Tortillas* +2 (corn/flour)

más charro

enjoy with your choice of our plus+ recipes

keto relleno ✪☺+

green chile & vegan just egg ✪ relleno with tomatillo sauce & queso vegan or your choice of plus+ recipe:

queso vegan ✪ 13 | charro carne seca 16
beyond carne ✪ 15 | grass-fed steak* 15
natural pollo asado 14

dos enchiladas ✪☺

queso vegan, corn tortillas, vegan & nut-free sunflower mole with choice of plus+ recipe, vida grains & frijoles recipe

beyond carne ✪ 15 | charro carne seca 16
jackfruit birria y papa ✪ 14 | grass-fed steak* 15
queso vegan ✪ 13 | natural pollo asado 14

taco trios ☺

3 vegan birria style jackfruit y papas ✪ 14

OR street style on soft corn or lettuce:

order any three with vegan taco crema & turmeric salsita
beyond carne ✪ 5 | mesquite salmon* 5
grass-fed steak* 5.5 | natural pollo asado 4.5

chef carlotta's tamales ✪☺

hola hemp original or chipotle ✪☺
sunflower chicken (nut free)

choice of handmade non-gmo tamale, served with vida grains & choice of frijoles. uno 10 / dos 15 / tres 17
we ship tamales! visit www.tamaleofthemoth.com

la vida burger ✪

local bun, beyond carne burger, queso vegan, butterleaf lettuce, tomato, red onions, vegan secret sauce with sides of cuco loco & yucca fries 15

add ½ fresh avocado +2
sub grass-fed beef +1 | sub gf bun +1



the UNIVERSITY OF ARIZONA
COMMUNITY AND SCHOOL GARDEN PROGRAM

la vida local!

We donate a portion of proceeds from our food sales to the University of Arizona's Community and School Garden Program and include vegetables from these local farms when best available!
Our plant-based recipes are prepared using separate vessels & utensils. We use only heart-healthy fats & oils, clean spices, and locally sourced non-gmo vegetables whenever possible. Our seafood is 100% sustainable and we are partners with the Monterrey Bay Seafood Watch, our chicken is 100% natural, and our beef is grass-fed and raised without antibiotics or hormones. We feature recipes that are allergy or gluten friendly, but we are not a kitchen without known allergens and ask guests with serious food allergies to please order accordingly as we assume no liability for adverse reactions. Pricing and content subject to change without notice. *Note: consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of foodborne illness. www.charrovida.com #sicharro
Parties of 8 or more are subject to a 20% mandatory gratuity.

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charrovida™ *Plant +* refrescos 🌱😊

Curbside Takeout &
Social Distance Dining
Tuesday-Sunday 11am-8pm

live your best vida with our refreshing refrescos! | spike your tequila or vodka for \$5 more!

turmeric temptation
miracle of turmeric,
agave & citrus 5

hola hemp® horchata
cinnamon, agave, hemp
& almond milk with 4

aguas frescas
ask us about our
seasonal recipes 4

hola hemp®
"say hello to a little hemp"
horchata cold brew
w/yellow brick coffee 5

kombucha on tap
locally brewed by f.t.c.
prickly pear recipe 5

lima y limón
agave, citrus
fresh mint 4

sonoran green tea
shaken & chilled with
fresh mint & agave 4

vida margaritas 🌱😊

agave & natural ingredients only, we never use high fructose corn syrup

charro house margarita fresh lime, orange juice, silver tequila 8

margarita zero™ zero sugar added, limón, orange zest, cazadores silver tequila, stevia syrup 11

dynamic cadillac cazadores añejo, float of bio dynamic red, fresh lime, orange & agave nectar 14

rocks & rosés rosemary, código rosa tequila, agave, grapefruit & grapefruit hopped bitters, rocks 13

el maestro muddled jalapeño & cucumber, citrus & agave, patrón citrónge liqueur, código silver 14

love is... more margaritas! 🌱😊

red watermelon agua fresca margarita with agave, patrón citrónge, cazadores silver tequila & tajín dust 13

gold fresh ginger & lime margarita with raw sugar rim, agave, patrón citrónge & código reposado 14

orange orange and coconut whip with turmeric, fresh citrus zest, agave & cazadores silver tequila 12

violet butterfly pea flower, patrón citrónge, lavender, lime & agave nectar & cazadores silver tequila 12

green avocado nectar and agave margarita with fresh citrus, toasted coconut & cazadores silver tequila 12

... & sangria or cocktails 🌱😊

sangria mora muddled fruit, red wine, citrus, agave, brandy & orange liqueur 9

sangria blanca agave, orange & peach liqueur 9

thyme on our side thyme sprig, mahón spanish gin, fresh citrus, agave & lavender bitters 11

Meal Kits & Catering

vida fiesta!

8 x hola hemp® mini chimis

1 x pint of avocado hummus

1 x vegan queso quesadilla

8 x jackfruit taquitos

feed 4 ppl min. with corn chips, plantains, vida grains, frijoles, sunflower mole, salsa verde & golden salsita. \$59 each. custom kits also available, ask us!

vida picnic!

4 hola hemp® tamales

4 hola hemp® mini chimis

choice of any vida salad

choice of any 2 sides

Our family wants to you enjoy more of your vida and leave the cooking to us! We have an amazing takeout program with all recipes packed in eco-friendly boxes. We offer bulk packing for meal prepping or family fixes and we can cater at your home or work. Ask us!

vino all are sustainable & vegan 🌱😊 (except de la casa)

vino de la casa

cabernet or merlot | ca 7/24

caramel road

pinot noir | ca 9/32

cono sur bicicleta

carmenere | chile 8/28

velvet devil

merlot | columbia valley, wa 8/28

mcmanis

cabernet sauvignon | ca 8/28

niner

red blend | ca 10/36

altocedro

malbec | argentina 10/36

de la casa

chardonnay or pinot grigio | ca 7/24

cono sur

organic sauv blanc | chile 8/28

cambria

chardonnay | ca 9/32

bonterra

organic rosé | ca 9/32

bellissima zero carb

organic | prosecco 45

terra di marca

pinot grigio | italy 9/32

half-off
all
wines
all
summer!

The Sweet Vida 🌱😊

churro dreams™

gluten free & plant-based recipe with
local mesquite flour & vegan chocolate 7

takeout by the dozen \$15

vegan nutella tamal

hazelnut chocolate infused masa with
spiced pepitas & vegan coconut crema 7

takeout by the ½ dozen \$25

520-779-1922 | www.charrovida.com | #sicharro
for online ordering and more info on our Si 100! point plan
to guide us in reopening safely, also visit www.sicharro.com

Parties of 8 or more are subject to a 20% mandatory gratuity.