

PB = 100% plant-based/planta (vegan)

VEG = vegetarian

GF = gluten-friendly

KF = keto-friendly

charrovida™

FOOD FOR VIDA
WEEKEND BRUNCH

11-2pm every saturday & sunday

REFRESHING REFRESCOS
turmeric temptation 5
iced green tea & agave 4
hola hemp™ horchata 4
we got the beet 5
aguas frescas & limas 4
hemp horchata cold brew 5
kombucha on tap 5

most brunch recipes begin as plant-based, made with vegan JUST egg brand

substitute real organic eggs prepared scrambled or over easy on any recipe

optional you may also add one of our natural proteins at your request*

school garden omelet ^{PB | GF}

JUST egg. school garden greens. avocado. roasted tomato & queso vegan. potatoes or breakfast salad ^{KF} 13.95

wake up tamal ^{PB | GF}

handmade red chile jackfruit tamal with JUST egg. avocado. frijoles refritos & vida grains 13.95

breakfast salad ^{PB | GF | KF}

simple salad of organic arugula with pressed orange and agave dressing toasted pepitas & avocado 8.95

optional: add protein below

keto bonito ^{PB | GF | KF}

JUST egg scrambled. walnut chorizo & spiced pepitas. brussels & avocado. vegan queso & taco crema 11.95

optional: add extra protein below

huevos vidas ^{PB | GF}

slow cooked tomato & olive. JUST egg. avocado. tostadas. frijoles refritos & vida grains 13.95

dos breakfast tacos ^{PB | GF}

local corn tortilla. JUST egg. walnut chorizo. taco crema & queso vegan. avocado & frijoles refritos 12.95

burrito por vida ^{PB}

hola hemp™ flour tortilla. JUST egg. guacamole. queso & crema vegan. nopalitos. frijoles refritos 13.95

ADD ON PROTEINS

At your request, we can add these proteins cooked on their own dedicated surface to your favorite recipe

all proteins are 100% natural, sustainable & gluten friendly ^{GF}

tempeh orgánico ^{PB} 3.95

organic chicken 3.95

organic eggs* 3.95

jackfruit carnitas ^{PB} 3.95

verlasso salmón* 4.95

JUST egg ^{PB} 4.95

grass-fed carne asada* 4.95 | el charro carne seca 4.95

THE SWEET VIDA

brunch babe cakes ^{VEG | GF}

puff-baked churro spiced gluten & milk-free pancakes. maple & agave syrup 6.95 (1) 10.95 (2)

churros for breakfast? ^{PB | GF}

si! our famous mesquite flour churro with warm pineapple in maple syrup & coconut whip 6.95

Please Note A \$3 Split Plate Fee Is Applied When Sharing A Single Recipe

We cook our plant-based recipes on separate grills and with unique utensils. We use only heart-healthy fats & oils, clean spices, and locally sourced non-gmo vegetables whenever possible. Our seafood is 100% sustainable & B.A.P. certified, our chicken is 100% natural, and our beef is grass fed and raised without antibiotics or hormones. *Note: consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of foodborne illness. We feature recipes that are allergy or gluten friendly, but we are not a kitchen without known allergens and ask guests with serious food allergies to please order accordingly as we assume no liability for adverse reactions. Pricing and content subject to change without notice.

www.charrovida.com #sicharro